

**JESUS –  
The Author and Perfecter of Faith  
Hebrews 12:1-11 – Lesson 20**

I. Unload!

Hebrews 12:1

A. What is the **significance** of the “great cloud of witnesses?”

1. **Who** are they?

2. **What** are they **doing**?

*Because of all that has gone on before us, let us hold on to the same faithful perseverance.*

B. Unload **sin**.

*We need to lay aside anything that would cling to us in “our race”.*

C. Unload **hindrances**.

*A hindrance is something, perhaps even good, that weighs you down spiritually.*

II. Run!

*Once we have unloaded any encumbrances, we RUN!*

A. We must run **our course**.

1. Each runner has a **unique course**.

2. Each runner must **keep** their **eyes** on **their course**.

B. We must run with **perseverance**.

*The race is not for sprinters but for plodders who refuse to give up.*

III. Focus!

Hebrews 12:2-3

A. **Where** should our focus be?

1. Focus on Jesus, the **Author** of our **faith**.

2. Focus on Jesus, the **Perfecter** of our **faith**.

B. **What** should we focus on?

1. Focus on Jesus' **choice**.

2. Focus on Jesus' **joy**.

*Jesus' attitude was based on “...the assurance of things hoped for, the conviction of things not seen.”*

*Hebrews 11:1*

IV. What Happens When We Struggle?

Hebrews 12:4-11

*We can receive help when we struggle, falter, look away, or are distracted.*

A. We are challenged to **keep** on.

B. We need **discipline** to **keep on**.